



# Password Safety Checklist

Ten concrete actions you can take this week to lock down your online accounts.

- 1. Use a unique, 16+ character password on every account.

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- 2. Use a password manager so you never have to remember the long ones.

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- 3. Enable two-factor authentication on email, banking, and social accounts.

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- 4. Replace any password you have reused on two or more sites.

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- 5. Check your most important passwords against the Have I Been Pwned breach corpus.

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- 6. Remove unused sessions and devices from each account every six months.

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- 7. Lock your phone and laptop with a strong passcode and full-disk encryption.

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- 8. Keep a paper-only recovery sheet for your most critical accounts in a safe place.

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- 9. Never type a password on a page you reached by clicking an email link.

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- 10. Re-check your master password's entropy every year as hardware gets faster.